



Weight Management & Nutrition

Our main goal is that of helping clients **lose weight** in a healthy and safe manner by adopting a healthy well-balanced diet and a healthy lifestyle. Our dietary advice is based on scientific evidence and is delivered by a Medical Doctor certified in Nutrition. We believe that by setting manageable and realistic objectives we can help our clients lose weight and keep it off.

Nutritional services given at CHIC Med-Aesthetic Clinics are delivered as one-to-one consultations with a Medical Doctor who is certified in Nutrition. The sessions are carried out in a confidential atmosphere and ample time is allocated for questions and queries that the client may have. We base our advice on scientific evidence and promote a healthy well-balanced diet.

Price per consultation session - €30